

5k Run and Walk, Waiver & Release Form

I, _____, acknowledge that my participation
(print name)

in the 5k Fun Run and Walk involves a risk of injury, including bodily injury, and assume the risk for the same. On my own behalf, I hereby release and discharge of Le Grand Union High School and Le Grand Union High School Track and Field and their respective directors, employees, affiliates, members, agents and representatives, of and from any and all liability for injury, death, or damages and/or any other claims, demands, losses or damages, incurred by me in connection with any aspect of the 5k run/ walk.

Signature: _____ Date: _____

Signature of Parent: _____ Date: _____ (If
under 18)